

Laughter: The Ultimate Workplace Prescription



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Speaks

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- Humor is EVERYWHERE at the office – you just need to know where to look.
- It all starts with relationships.
- The little things make a BIG difference (denim, cubicle décor).
- Make sure your “fun committee” includes people from all levels of company.
- Trigger the tipping point yourself.
- Find a senior leader as a partner.
- Golden Ducks not plastic fruit, especially Pearvacados.
- Five minutes of fun – is easy (paper football or Heads Up).
- Training and team building that is engaging leads to more productive teams that want to win.
- Never stop celebrating. Be creative.
- Surprise and delight.
- Make an emotional connection (WestJet).
- Constantly challenge yourself to find new solutions.
- If we laugh together, we work better together.



"Just hit send."

"Laugh. Every day."

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